



HONEY-ROSEMARY SOAP

This herbal soap, studded with dried flowers and lightly scented, makes a beautiful gift.

Total Time

50 minutes

Active Time

10 minutes

Yield

2 batches of 4 bars

What You'll Need:

IN THIS KIT:

- ➔ Honey soap base
- ➔ Shea butter soap base
- ➔ Rectangle soap mold
- ➔ Organic rosemary essential oil
- ➔ Chamomile flowers

YOU SUPPLY:

- ➔ Cutting board & knife
- ➔ Microwavable measuring cup with pour spout
- ➔ Microwave or double boiler
- ➔ Spray bottle with rubbing alcohol (optional)



Find these instructions & more online:
culturesforhealth.com/8102

Step-by-Step Instructions

1 ADD THE FLOWERS



Lay your soap mold on a flat surface. **Sprinkle** half the bag of chamomile flowers* evenly into the four mold cavities.

**Botanicals in soap darken naturally over time. Check out our website for more details.*

2 CUT SOAP BASE



Cut both soap bases in half. **Set aside** one half of each base for your next batch of soap. For long-term storage, cover the bases in plastic wrap.

3 MELT THE SOAP BASE



Chop the honey soap base into 1-inch cubes and **place** them in a microwavable measuring cup. **Melt** the soap base in a microwave in 30-second bursts, **stirring** in between. Alternatively, use a double boiler.

4 LAYER THE HONEY BASE



Pour the soap base into the mold until the cavities are half full. If the flowers move around, you can reposition them with a toothpick or spoon. If bubbles form, spritz the surface with alcohol until they pop (optional). Let the layer **cool** for about **10 minutes**, or until it starts to harden.

5 ADD THE ESSENTIAL OIL



Cube and **melt** the shea butter soap base just like Step 3. **Add 5-8 drops** of rosemary essential oil and **stir**. Let the soap base **cool** until it's warm, but not hot. This ensures the first layer of soap in the mold will not melt.

6 LAYER THE SHEA BUTTER BASE



Pour the soap base into the mold, filling each cavity to the top. Let the soap **cool** for at least **30 minutes**, or overnight in warmer temperatures.

7 REMOVE YOUR SOAP BARS



Once the soap has set and cooled, **flip** the mold over and **push firmly but gently** around the edges of each cavity to release the soap bars. Your soap is done! Use or gift your beautiful bars, or store them for up to 6 months.



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